



BUILDING IMMUNITY

STAYING HEALTHY

and keeping your immune function working well is part of life-style habits we should all follow.

JOIN CHRIS HOLDER, ND and learn what you can add to your health regimen so that your body will be ready to fight whatever comes your way.

WEDNESDAY
OCTOBER 6TH

12:00PM-1:00PM

LOCATED IN THE
CONFERENCE ROOM

GUEST FEES APPLY

SIGN UP AT THE SERVICE DESK